

## **Substance Use Disorder Treatment** EVALUATION REPORT FY21 - FY23



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#### SUD TREATMENT FY21-23 EVALUATION



## Introduction

Since 2014, the Lakeshore Regional Entity (LRE), the PIHP for Region 3, has maintained a system for providing substance use disorder (SUD) treatment and recovery services which delegates responsibility for managing treatment and recovery services to each of the five-member Community Mental Health Service Programs (CMHSP's) through subcontracts.

The 5 CMHSPs subcontracted to manage these services include:

- OnPoint (Allegan County)
- Community Mental Health of Ottawa County
- HealthWest (Muskegon County)
- Network180 (Kent County)
- West Michigan Community Mental Health System (Lake, Mason, and Oceana Counties)

A Strategic Plan for SUD Treatment services was developed to guide efforts during FY21 through FY23. This plan identified priority areas with metrics to monitor progress. An overview of the plan and evaluation framework is provided in the <u>LRE</u> <u>SUD Treatment Logic Model</u>.

This report provides an annual update on efforts and trend data through FY23. Service access by priority populations and Treatment Performance Measures as reported for National Outcome Measures are also reviewed.

Data to inform this report includes Behavioral Health Treatment Episode Data Set (BH TEDS) (refreshed on 12/14/23) and encounter data for services provided (refreshed on 12/13/23). It should be noted that data for prior fiscal years may change from previous reports due to ongoing data entry.

Where a benchmark is provided it represents the LRE's regional rate for FY23.

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# **Services Priorities**



The following pages provide an overview of metrics related to service priorities identified within the LRE Strategic Plan for Substance Use Disorder (SUD) services, including

- Access to Services
- Engagement and Retention
- Connection to Community Supports

## **Access to Services**

#### Summary of Trends for Targeted Metrics:

The following provides a summary of trends in targeted metrics related to access for these prioritized populations as identified within the Strategic Plan.

Targeted Met	trics: Access	FY19	FY20	FY21	FY22	FY23	Trend* FY19-23
Criminal Justice Involved	↑ admissions with legal status as on probation (% of all admissions)	21.0%	20.0%	20.0%	22.0%	24.0%	~~
	↑ admissions with legal status as diversion pre or post booking (% of all admissions)	0.4%	0.3%	0.3%	0.5%	0.2%	-
	↑ admissions with legal status as 'in jail' (% of all admissions)	8.0%	7.0%	6.0%	8.0%	6.0%	
Persons with Opioid Use Disorder	↓ avg days between request for medication assisted treatment (MAT) and first service	13.7	7.0	13.4	5.6	7.4	~
(OUD)	Maintain an average wait time of less than 3 days for persons with IVDU	6.6	6.4	9.8	7.1	8.0	~~
	↓ average days' time to service for Outpatient Level of Care for persons with intravenous drug use (IVDU)	9.5	6.3	9.5	5.5	7.5	~
Older Adults	↑ in # of admissions for individuals aged 55-69	597	473	579	585	648	~~

Improving 🔴 Worsening

\*

## **Criminal Justice**

In April of 2020, the LRE became responsible for supporting substance use disorder services for individuals transitioning into the community who are on probation after having been incarcerated.

### **Improvement Efforts**

Working together with the Michigan Department of Corrections, the LRE has partnered with the SUD Regional Operations Advisory Team (ROAT) to identify ways to improve coordination and services for this population as they return to their communities. MDOC representatives attend meetings quarterly to discuss challenges and foster coordination. In March 2022, MDOC reported challenges with provider communication. CMHSP Members communicated with the provider network and the issue has not since been reported as a problem.

Efforts to expand services in the jail have been a priority, primarily with State Opioid Response funds. Medication assisted treatment (MAT) services are now offered in 5-of-7 county jails in the region.

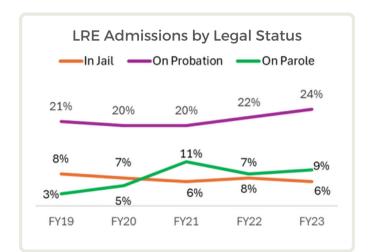
In FY21, Muskegon County established a peer recovery coach in the jail to support individuals receiving MAT while incarcerated to engage in services following release.

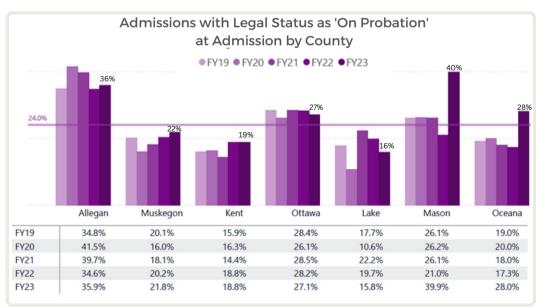
In FY23 the LRE hired a Priority Population Specialist to support coordination between MDOC and CMHSPs for this population.

### **Data Highlights**

Between FY19 and FY23, the percent of admissions for individuals whose legal status was identified as 'on parole' or 'on probation' increased (from 24% to 33%) and the percent of admissions for individuals 'in jail' decreased slightly. Less than 1% of admissions reported the legal status as a 'pre booking' or 'post booking' diversion.

The percent of admissions for individuals on probation in FY23 was highest in Mason (40%) and Allegan (36%) Counties and has been increasing in Muskegon County.





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## **Persons with OUD**

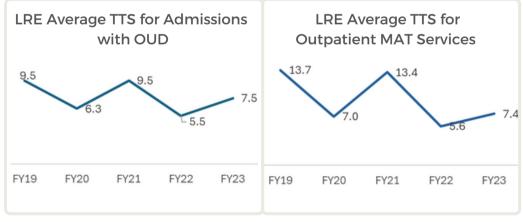
In recent years, the rate of opioid use and the need for treatment for individuals with an opioid use disorder (OUD) increased significantly. Of note was the need for increased medication assisted treatment (MAT) throughout the region.

### **Data Highlights**

Between FY19 and FY23, the average time to service (TTS) for individuals with an OUD ranged from a low of 6.5 in FY22 to a high of 9.5 in FYs 19 and 21.

During FY21 delays in TTS were primarily due to medication assisted treatment (MAT) caused by intermittent use of a waitlist at a provider in Muskegon County. This improved substantially in FY22, with the TTS for Muskegon County's MAT services from 28.5 in FY21 and to 4.7 in FY22 and 7.2 in FY23.

When trends in time to service for MAT are reviewed by county, TTS in FYs 22 and 23 was highest in Allegan County at 9.8 and 14.8 respectively. In FY23, the remaining counties range from a low of 4.5 in Oceana to a high of 9.8 in Lake.



#### **Improvement Efforts**

State Opioid Response (SOR), State Targeted Response (STR), American Rescue Plan Act (ARPA), and COVID-19 Block grants allowed expansion of MAT services throughout the region. Projects included the addition of new Suboxone providers, providing transportation to MAT services, supporting recovery homes, and recovery management teams. In addition, these funds expanded Narcan distribution and education throughout all counties.

During FY21, efforts to address the waitlist in Muskegon County included transitioning the screening and medical assessment scheduling and managing the waitlist to HealthWest. HealtWest also began offering open intake assessment appointments and doing well-being check-ins with those on the waitlist as well as offering interim services. In addition, WMCMHS started jail-based MAT services in Lake County and provided stipends to support community-based MAT services in all 3 counties.

During FY22, efforts to increase MAT capacity include:

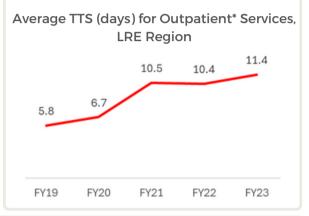
- N180 and HealthWest worked to engage additional MAT providers and provided assistance with the credentialing process. In Muskegon, Eastside began services on 10.1.22.
- To address staffing shortages N180 provided staff retention and new hire bonuses.
- HealthWest hired a recovery coach for the jail to coordinate treatment following release from jail.
- WMCMHS built capacity to provide MAT services when the provider in their counties discontinued services. Began 1.1.23 with no interruption.
- Allegan and Ottawa began providing jail-based MAT services.

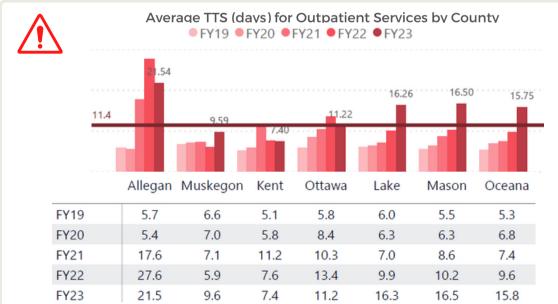
## **Rural Communities**

Access to services in rural areas has been identified as a challenge. Counties considered rural in the LRE region include Allegan, Lake, Mason, and Oceana.

To support access and respond to Covid-19 restrictions, tele-health services were established once state policy changed to allow for provider reimbursement. Innovative methods to support transportation needs include incentives for volunteers to drive consumers to and from treatment facilities in some of the rural communities in the region.

During FY22 a provider in Allegan was identified with extensive delays in TTS and a corrective action plan was put in place; with some improvement reflected in FY23 data. In addition, it was identified that some providers were using an incorrect date for the request for service for referred individuals. During FY23, the LRE worked to ensure the date of request for service was accurately recorded.





### **Data Highlights**

Time to Service (TTS) for Outpatient services increased substantially between FY20 and FY21 and has remained high.

Among rural counties, the TTS for Outpatient services has been increasing with substantial increases between FY22 and FY23 for each rural county.

It should be noted that:

- TTS does not provide adjustments for limited client availability which delays the appointment or for the client rescheduling their appointment.
- Interim services are provided in some instances, such as peer recovery coach support, which are not reflected in the BHTEDS due to being funded by other sources.

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\*non-intensive & excludes MAT

## **Older Adults**

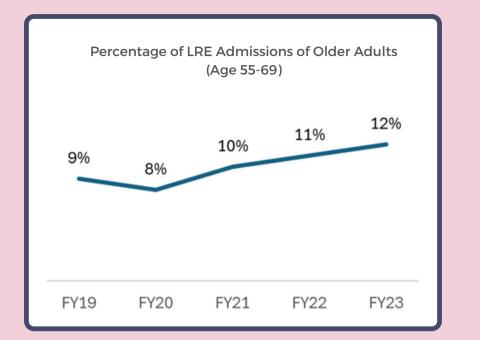
Improving access to services for older adults is currently a state-mandated priority. Planned efforts in the LRE region include promoting availability of services and the ability to access services, as well as providing training for providers on addressing behavioral health needs of older adults.

LRE leadership participated in state-level strategic planning for older adult services, which is available <u>here</u>.

The LRE discussed older adults at the SUD ROAT and prevention meetings to assess community readiness for providing services for older adults. Potential trainings available to providers were reviewed and state trainings on the topic were promoted.

### **Data Highlights**

The number of admissions in the region for older adults decreased substantially in FY20 which may have been due to Covid-19 restrictions. The percentage of admissions that were for older adults has been increasing since FY20 to a high of 12% in FY23.



Admissions	<b>FY19</b>	<b>FY20</b>	<b>FY21</b>	<b>FY22</b>	<b>FY23</b>
Older Adults	597	473	579	585	648
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## **Engagement and Retention**

#### Summary of Trends for Targeted Metrics:

The following provides a summary of trends in targeted metrics related to engagement and retention in care as identified in the Strategic Plan.

Targeted Met	rics: Engagement and Re	tention	FY19	FY20	FY21	FY22	FY23	Trend* FY19-23
Integrated Treatment		↑ in % of clients w/ co-occurring diagnosis who received integrated svcs		7.0%	11.0%	14.0%	20.0%	$\sim$
	↑ % of clients discharged f residential that transitioned level of care w/in 7 days		27.9%	24.8%	25.3%	29.4%	36.5%	<b>→</b>
Continuity of Care	↓ average # days between discharge and	w/in 7 days	2.0	2.4	1.6	1.8	1.1	
	admission to next level of care following ST	7+ days	17.5	17.6	17.2	16.6	15.4	<b>~</b>
	residential	Overall	7.8	9.1	9.1	8.3	7.1	<b>→</b>
	↓ % of discharges from detox and ST Res with	Detox	25.2%	19.0%	18.2%	18.5%	29.7%	~~
	reason as 'completed treatment'	ST Res	67.6%	73.4%	70.5%	54.8%	71.0%	$\rightarrow$
	↑ % discharges from residential svcs w/reason	Detox	41.8%	51.7%	53.0%	49.1%	44.2%	~
	as 'transfer/ completed level of care'	ST Res	1.7%	1.5%	1.9%	18.1%	4.7%	~~
Initial Engagement			11.8%	11.4%	10.1%	10.9%	8.0%	~
w/in	↑ clients seen for a 2nd encounter w/in 14 days of 1st service (of those w/ a 2nd encounter)		87.4%	88.3%	88.0%	89.5%	92.7%	~~



## **Integrated Treatment**

The percent of clients with a co-occurring disorder that are reported as having received integrated treatment has been historically low in the LRE region, with only 6% in FY19.

For a client to be counted as having received integrated treatment services, services can be provided by one provider, or multiple providers as long as services are coordinated and there is a joint treatment plan with input from both disciplines. A billing modifier code must also be used when reporting all encounters (HH).

#### **IMPROVEMENT EFFORTS**

The SUD ROAT reviewed this issue in FY21 and determined that data entry guidance was unclear and was being used with varying interpretations by the provider network resulting in underreporting.

To address this, and other data entry issues, the LRE hosted a BH TEDS training in August 2021 and improvement was reflected in FY22 records. In FY22 CMHSP Members worked to ensure that providers had the HH modifier activated for billing purposes. This issue was addressed again at a BH TEDS training in FY23.

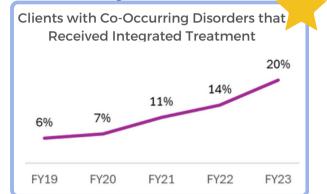
In FY23, CMHOC also modified how providers view medical records to make it easier to bill correctly and achieved substantial improvement with the highest rates in the region.

#### DATA HIGHLIGHTS

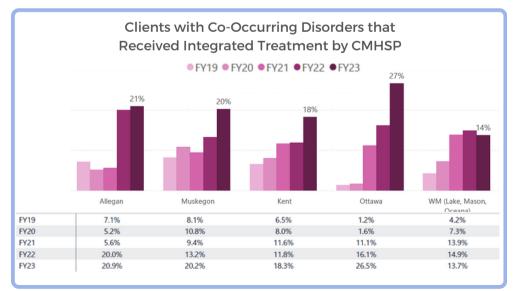
Between FY19 and FY23, the percent of clients with cooccurring disorder who received integrated treatment

increased to 20% for the region.

While the rate is still low, the region has achieved substantial and continual improvements since 2019.



Between FY20 and FY23, Allegan, Muskegon, and Ottawa counties achieved substantial increases.



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## **Continuity of Care**

It is important that clients who complete sub-acute detox and then short-term residential (ST Res) services engage in treatment at the next level of care (LOC) as soon as possible to reduce the likelihood of relapse. Also, because detox and ST Res should always be followed by a lower LOC, the discharge reason should be recorded as "Transferring/Completed Level of Care" and should **not** be recorded as "Completed Treatment".

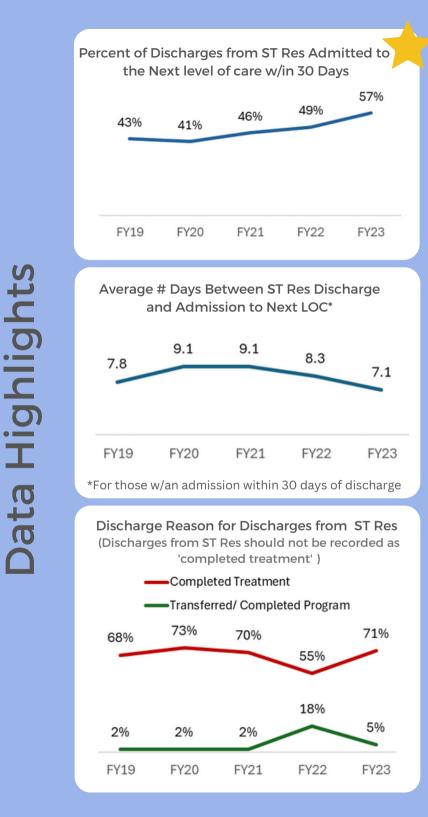
### **Improvement Efforts**

To address this issue during FY21, data was reviewed and discussed with the SUD ROAT and reviewed quarterly thereafter.

In response, each CMHSP reviewed data with their staff and provider networks. Ottawa, West MI, and Muskegon CMHSPs also engaged peer recovery coaches to assist these individuals and support engagement in local services following discharge from ST Res. In addition, accurate recording of the discharge reason was addressed during the BH TEDS training in August 2021. The benefits of these efforts are reflected in FY22 but were not sustained into FY23.

In FY23, CMHOC began monitoring consumers during this transition to ensure immediate follow-up, achieving substantial improvement with the highest rate of admissions to the next LOC within 30 days in FY23.

HealthWest hired a peer recovery coach in July of 2023 to assist with communication between the provider and consumer to improve engagement at the next LOC.

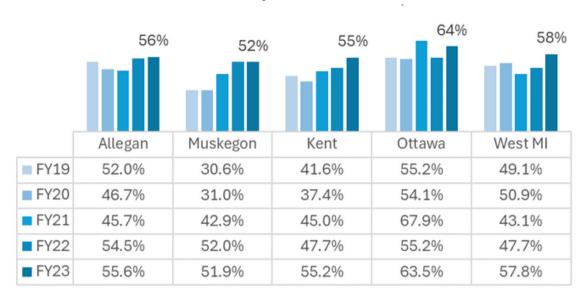


### **Continuity of Care**

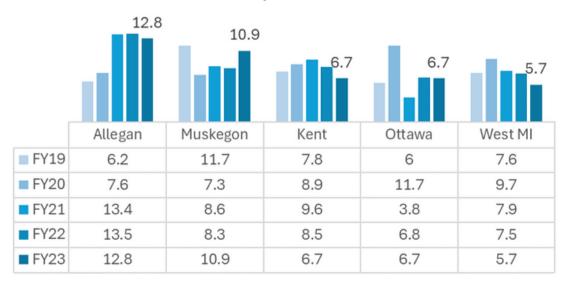
### **Data Highlights**

Between FY19 and FY23, the being percent of clients discharged from ST Res who were admitted to the next level of care within 30 days continued region-wide, to increase achieving high of 57%. а Improvements were achieved in each CMHSP.

The average number of days between discharge from ST Res and admission to the next LOC improved between FY21 and FY23 to an overall TTS of 7.1 days in FY23, region-wide. TTS for admissions that did not occur within 7 days also improved to 15.4 days regionally. Percent of Discharges from ST Res Admitted to the Next level of care w/in 30 Days by CMHSP



Average # Days Between ST Res Discharge and Admission to Next LOC\* by CMHSP



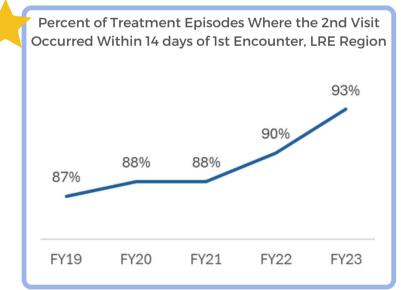
## **Initial Engagement**

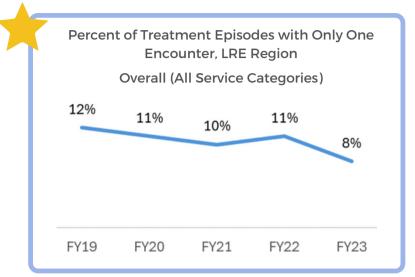
Metrics to monitor whether clients successfully engage in services after initial contact the LRE monitors how many clients had only one encounter (excluding those who did not require a second visit) and whether a client's 2nd visits occurred within 14 days of the first.

### **Data Highlights**

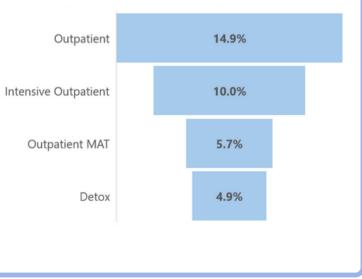
Overall data indicates that the region's initial engagement of clients in SUD treatment is going well. The rate of admissions with only one visit improved achieving a low of 8% in FY23. Service categories with the highest rate of only one visit were Outpatient (14.9%) and Intensive Outpatient (10%), followed by medication assisted treatment (5.7%) and detox (4.9%).

The percent of treatment episodes with the second visit occurring within 14 days of the first has been improving and achieved a high of 93% in FY23.









## **Responding to Methamphetamine (MA)**

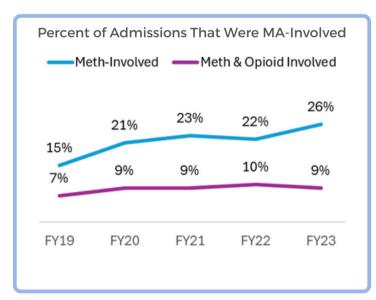
Methamphetamine emerged as a growing problem with treatment admissions for individuals reporting MA use increasing 400% between FY17 and FY21.

#### DATA HIGHLIGHTS

MA-involved admissions increased again in FY23 with 1-in-4 admissions involving MA (26%). Admissions involving both MA and an opioid has remained relatively stable at 9-10% of admissions.

Counties with the highest rate of MA-involved admissions were Allegan (48%), Lake (45%), and Oceana (40%); and the lowest was Kent (17%).

Counties with the highest rate of admissions involving both MA and an opioid were Oceana (18%), Muskegon (16%) and Lake (16%).

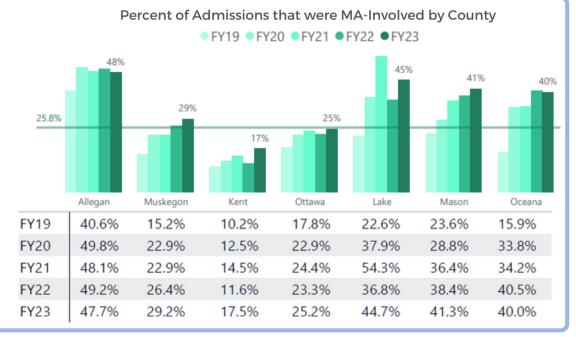


#### **IMPROVEMENT EFFORTS**

To address this issue, the LRE partnered with the Allegan Substance Abuse Prevention Task Force to commission a needs assessment for the region. In Feb. 2021, findings were presented followed by discussion to identify opportunities for action. This report is available <u>here</u>.

In addition, the LRE promoted state training for providers on evidence-based treatment for MA, including training on Contingency Management and the Matrix Model.

Throughout the region, many providers unsuccessfully attempted to establish Contingency Management for clients using MA in outpatient settings.



## **Connection to Community Supports**

#### **Summary of Trends for Targeted Metrics:**

The following provides a summary of trends in targeted metrics related to connecting clients to community supports as identified in the Strategic Plan.

Targeted Metrics: Community Supports		FY19	FY20	FY21	FY22	FY23	Trend* FY19-23
Support Groups	↑ % of discharges with clients reporting attendance at a support group in past 30 days	18%	23%	19%	21%	29%	~~
Women's Specialty Services	↑ # of pregnant women served	102	80	61	52	64	<b>~</b>
	↑ <i>#</i> of pregnant women served by a Women's Specialty Provider	45	39	22	25	24	<b>~</b>

Improving

\*

Worsening Relatively stable

## **Support Groups**

To assist individuals in sustaining recovery following discharge from services, providers encourage individuals to attend community support groups such as Alcoholics Anonymous, Narcotics Anonymous, or SMART Recovery.

Planned efforts in the LRE region include expanding SMART recovery, and other support groups and strategies throughout the region.

### **Data Highlights**

The rate of discharges with the client reporting they had attended a support group have varied since FY20 and improved in FY23 to a high of 29%.

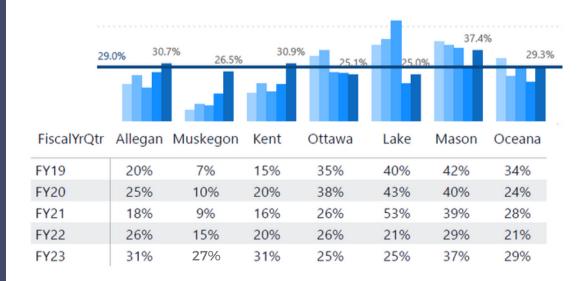
The highest rates of reported support group involvement at discharge were in Mason (37%) and Allegan (31%) and Kent (31%), Oceana (29%). In FY23 rates improved substantially in Muskegon, Kent, Mason, and Oceana counties.

#### Percent of Discharges With Support Group Attendance in Past 30 Days



#### Percent of Discharges With Support Group Attendance in Past 30 Days by CMHSP





## **Women's Specialty Services**

In Michigan, women who are pregnant and parenting are given priority for admission to treatment services and Substance Abuse Prevention and Treatment Block Grant requires states to spend a minimum amount each year for treatment and ancillary services for eligible women. To reduce barriers to treatment engagement, Women's Specialty Services (WSS) providers offer gender-responsive services and supports to address the unique needs of pregnant and parenting women. Ancillary services can include childcare, transportation, case management, therapeutic interventions for children, and primary medical and pediatric care.

#### **IMPROVEMENT EFFORTS**

To support WSS providers, the LRE established a regional workgroup for WSS providers in FY21. In FY22, it was decided to add Women's Specialty Services to the SUD ROAT for monthly discussion.

During FY21, COVID caused special challenges for mothers. In response, WSS providers implemented the following:

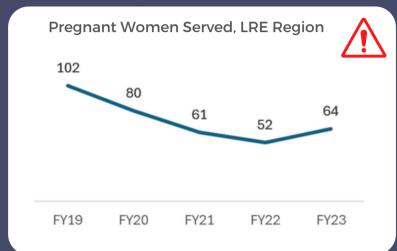
- Contingency Management child-based incentives.
- Creative solutions to ensure confidentiality during telehealth visits.
- Outreach through primary care providers, health clinics, and Dept. of Human Services. One physician began referring all pregnant women with a positive drug-screen to the WSS provider.
- Added swings and sandboxes for children to use while mother is in treatment.

IPost-COVID, WSS providers reported the following efforts to support pregnant and parenting women in treatment:

- Onsite childcare so women can focus on just themselves during services.
- Parenting skills programming such as Parenting Wisely, Safe Sleeping, and Love and Logic.
- Trauma programs such as Seeking Safety and Beyond Trauma.
- Collaboration with MDHHS to help women to access community resources such as food assistance more easily.
- Working with the public defender's office to coordinate on shared cases.
- Celebrating recovery anniversary dates and client milestones.
- Partnering with the YMCA to provide holistic health programming.
- Providing a Mentor program for young sons of moms in treatment to support positive family dynamic and involve fathers.
- Assisted moms in getting Christmas presents for their children and back to school shopping in the fall.

### Data Highlights

The number of pregnant women served in the region has declined consistently and substantially since FY19, with a slight increase in FY23 to 64 pregnant women served. Of these women, 38% received services at a Women's Specialty Services Provider.



Pregnant Women Served by CMHSP								
	FY22	FY23						
Allegan	6	4	6	4	4			
Muskegon	34	23	15	26	19			
Kent	40	43	26	18	28			
Ottawa	16	8	6	5	8			
West MI	6	2	7	2	5			
Out of Region	0	1	2	0	0			
TOTAL	102	80	61	52	64			

#### Total Number of Pregnant Women Served by Women's Specialty Providers

Women's Specialty Provider	FY 21	FY 22	FY 23
Arbor Circle	10	8	4
Family Outreach Center	3	4	2
Mercy Health Life Counseling	2	2	3
OAR - Harbor House	2	4	5
OAR - Women's Services (Grand Haven)	0	0	0
OAR - Women's Services (Holland)	2	3	6
Our Hope Association	3	2	4
Wedgwood	0	2	0
TOTAL	22	25	24



# Performance Indicators

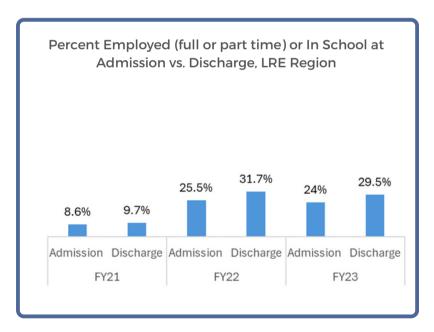
MDHHS compiles and reports treatment performance measures to the federal government. The following pages provide an overview of results for these measures for the LRE region during fiscal years 21 – 23.

## **Employment/Education Status**

Analysis includes clients who were in services for at least 6 weeks and were discharged as having completed treatment or transferring to another program.

Region-wide during FY22 and FY23, clients were more likely to report they were employed or in school than in FY21. In addition, the region achieved a substantial improvement in FY22 ( $\uparrow$  24%) and FY23 ( $\uparrow$  23%) between admission and discharge, compared to 12% improvement in FY21.

Every CMHSP in the region achieved improvement between admission and discharge in FY22 and FY23.



#### Percent Employed (full or part time) or In School at Admission vs. Discharge

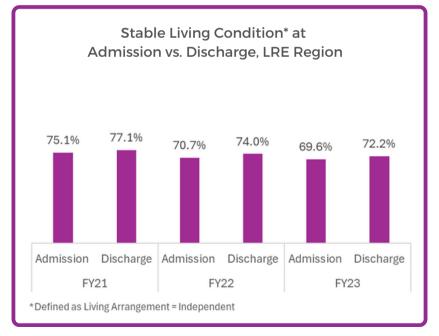
FY21	Admission	Discharge	Relative Change	Absolute Change	
Allegan	11.6%	11.6%	0.0%	0.0%	
Muskegon	9.0%	9.5%	5.6%	0.5%	
Kent	5.2%	9.5%	8.3%	4.3%	
Ottawa	9.3%	9.9%	5.9%	0.5%	
West MI	7.0%	8.5%	20.0%	1.4%	
REGION	8.6%	9.7%	12.2%	1.0%	
	FY22	Admission	Discharge	Relative Change	Absolute Change
	Allegan	28.0%	36.0%	28.6%	8.0%
	Muskegon	27.0%	29.1%	7.5%	2.0%
	Kent	19.7%	25.4%	28.8%	5.7%
	Ottawa	34.3%	44.8%	30.4%	10.4%
	West MI	29.2%	33.8%	15.8%	4.6%
	REGION	25.5%	31.7%	24.0%	6.1%
FY23	Admission	Discharge	Relative Change		
Allegan	27.5%	31.4%	14.1%	3.9%	
Muskego	n 20.6%	21.5%	4.36%	0.9%	
Kent	19.2%	24.4%	27.0%	5.2%	
Ottawa	31.7%	41.9%	32.1%	10.2%	
West MI	35.4%	40.7%	14.9%	5.3%	
REGION	24.1%	29.5%	18.3 <b>%</b>	5.4 <b>%</b>	



Analysis includes clients who were in services for at least 6 weeks and were discharged as having completed treatment or transferring to another program. Stable is defined as independent.

Region-wide, clients achieved the greatest improvement from admission to discharge in FY22 with a 4.7% improvement compared to a 2.0% improvement in FY21 and 3.7% in FY23.

Allegan achieved the greatest relative improvement in both FY22 (10%) and FY23 (13.7%).



#### Among Clients Discharged During FY21, the Percent Reporting A Stable Living Condition at Admission vs. Discharge\*

FY21	Admission	Discharge	Relative Change	Absolute Change		-
Allegan	82.6%	86.0%	4.2%	3.5%		
Muskegon	67.0%	70.0%	4.5%	3.0%		
Kent	75.9%	81.9%	8.0%	6.0%		
Ottawa	89.0%	88.5%	-0.6%	-0.5%		
West MI	76.1%	69.0%	-9.3%	-7.0%		
REGION	75.1%	77.1%	2.6%	2.0%		
	FY2	2 Admis	ssion	Discharge	Relative Change	
	Allega	n 80.	0%	88.0%	10.0%	8.0%
	Muske	egon 77.7	7%	79.7%	2.6%	2.0%
	Kent	64.	1%	67.8%	5.9%	3.8%
	Ottaw	ra 80.	6%	83.6%	3.7%	3.0%
	West	MI 63.	1%	67.7%	7.3%	4.6%
	REGIO	ON 70.'	7%	74.0%	4 <b>.7%</b>	3.3%
FY23	Admissio	on Disch			bsolute Change	
Allegan	56.9%	64.7	7%	13.7%	7.8%	
Muskeg	on 75.6%	77.5	5%	2.5%	1.9%	
Kent	60.9%	63.5	5%	4.2%	2.6%	
Ottawa	77.4%	80.	1%	3.4%	2.7%	
West M	I 80.5%	82.3	3%	2.2%	1.8%	
REGION	<b>1</b> 69.6 <b>%</b>	72.2	2%	3.7 <b>%</b>	2.6%	21/44

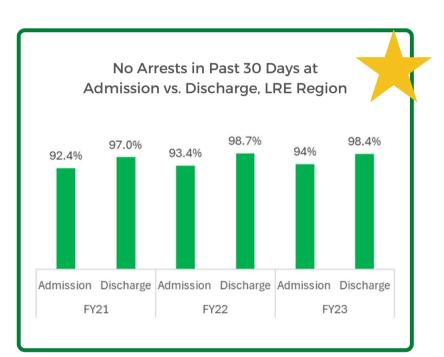
### Housing Efforts to Date

- Network 180 partnered with Mel Trotter (who provides services to individuals who are experiencing homelessness) to have two Recovery Coaches engage with guests at Mel Trotter's Engagement Center.
- Community Mental Health of Ottawa County has begun to provide outreach and services with Refresh (a shower program for individuals experiencing homelessness).
- Network 180 is working with Pine Rest and Grand Rapids Housing Commission to place a Clinician and a Recovery Coach on-site at Adam's Park Apartments.



Analysis includes clients who were in services for at least 6 weeks and were discharged as having completed treatment or transferring to another program.

Region-wide, the percent of clients with no recent arrest was relatively high at admission but improved each fiscal year.



#### Percent with No Arrest in Prior 30 Days at Admission vs. Discharge

FY21	Admission	Discharge	Relative Change	Absolute Change		
Allegan	90.7%	90.7%	0.0%	0.0%		
Muskegon	95.0%	98.8%	3.9%	3.8%		
Kent	92.2%	95.7%	3.7%	3.4%		
Ottawa	91.8%	97.3%	6.0%	5.5%		
West MI	81.7%	95.8%	17.2%	14.1%		
REGION	92.4%	97.0%	4.9%	4.5%		
	FY22	Admission	Discharg		ative Absolut ange Change	
	Allegan	100%	100%	0.	0% 0.0%	
	Muskegon	95.3%	100%	5.	0% 4.7%	
	Kent	95.4%	98.4%	3.	1% 3.0%	
	Ottawa	93.0%	98.0%	5.	3% 5.0%	
	West MI	81.5%	98.5%	20	.8% 16.9%	
	REGION	93.4%	98.7%	5.	7% 5.3%	
FY23	Admission	Discharge	Relative Change	Absolute Change		
Allegan	94.1%	96.1%	2.1%	2.0%		
Muskegon	97.1%	98.1%	1.0%	1.0%		
Kent	95.5%	97.9%	2.5%	2.4%		
Ottawa	90.3%	100.0%	10.7%	9.7%		
West MI	90.3%	99.1%	9.7%	8.8%		
REGION	94.2%	98.4%	4.4 <b>%</b>	4.2 <b>%</b>	23/44	

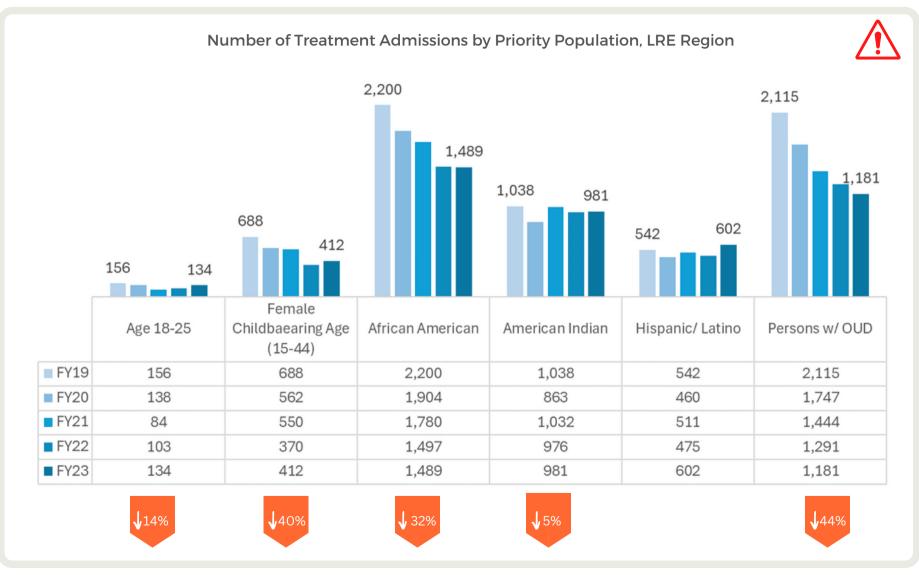
# **Priority Populations**

The following pages provide an overview of admissions for populations that MDHHS has identified as a priority to engage in SUD treatment. To monitor engagement, the number of admissions and percentage of total admissions for each priority population are monitored.



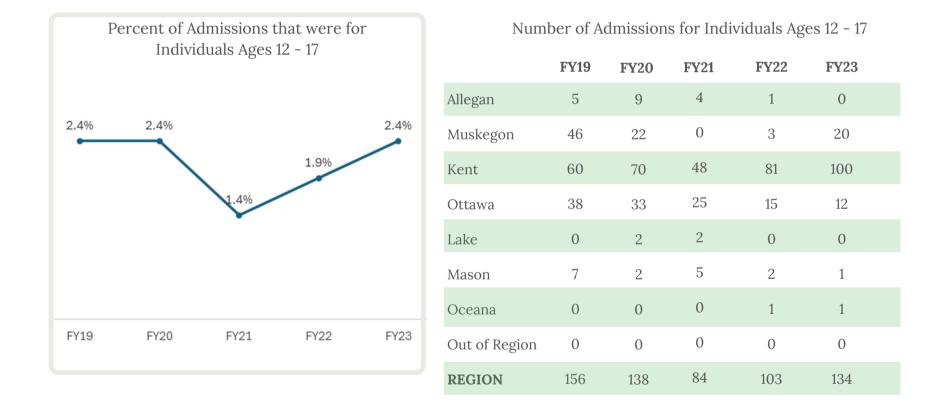
## **Priority Populations: Overview**

An overview of admissions for priority populations in the region is provided below. The total number of admissions in the region decreased by 16% between FY19 and FY23 (from 6,565 to 5,496). Admissions for four of these priority populations decreased by a greater amount than can be accounted for by the overall decrease in admissions.



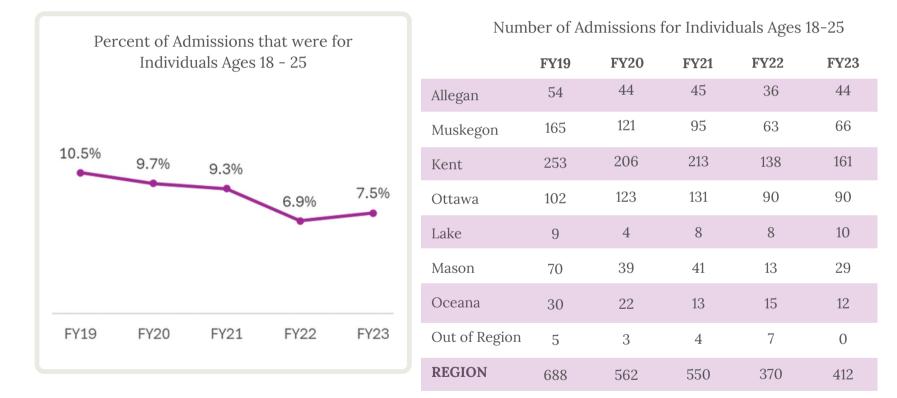
## **Priority Population: Youth Ages 12-17**

The number of admissions for youth ages 12 through 17 decreased 34% between FY19 and FY22 (from 156 to 103) but rebounded somewhat in FY23 due to an increase in Kent County. Muskegon and Ottawa counties had substantial decreases.



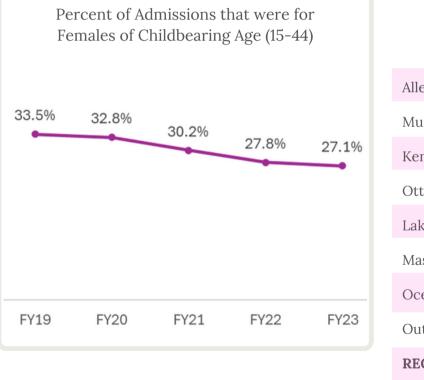
## **Priority Population: Young Adults Ages 18-25**

The number of admissions for young adults ages 18-25 decreased 40% between FY19 and FY23 (from 687 to 412), with substantial decreases in most counties. As a proportion of all admissions, admissions for youth ages 18-25 represented 10.5% of admissions in FY19 and 7.5% in FY23.



## **Priority Population: Females of Childbearing Age (15-44)**

Region-wide, between FY19 and FY23 the number of admissions for females in this age range decreased 32% (from 2,200 to 1,489) with substantial decreases in most counties. As a proportion of all admissions, admissions for this population declined continually from 33.5% of admissions in FY19 to 27.0% in FY23.

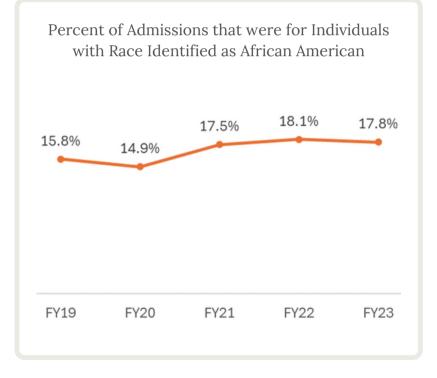


Females of Childbearing Age (15-44)							
	FY19	FY20	FY21	FY22	FY23		
Allegan	158	155	130	99	115		
Muskegon	601	452	404	381	362		
Kent	921	835	731	577	585		
Ottawa	321	325	331	269	297		
Lake	23	27	33	23	14		
Mason	121	59	90	85	57		
Oceana	63	44	56	45	55		
Out of Regio	on 9	7	5	18	4		
REGION	2,200	1,904	1,780	1,497	1,489		

Number of Admissions for

## **Priority Population: African American**

Region-wide, between FY19 and FY23, the number of admissions for African American individuals decreased 5% (from 1,038 to 981) due to a substantial decrease in Muskegon County while admissions increased for all other counties. Although the number of admissions decreased, the proportion of total admissions that were representing this population has increased overall with continual increases since FY20.

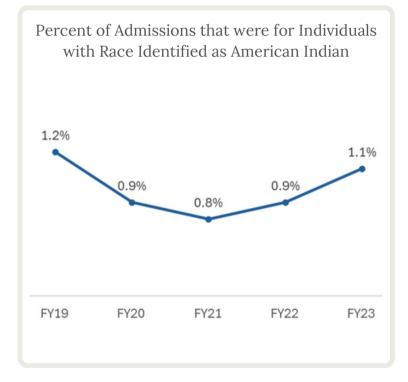


## Number of Admissions with Race Identified as African American

	FY19	FY20	FY21	FY22	FY23
Allegan	8	21	17	15	9
Muskegon	373	218	245	228	241
Kent	596	561	686	626	643
Ottawa	47	56	71	93	74
Lake	6	3	8	6	3
Mason	5	3	2	3	8
Oceana	1	0	2	3	3
Out of Regi	on 2	1	1	2	0
REGION	1,038	863	1,032	976	981

## **Priority Population: American Indian** (non-Alaskan Native)

Region-wide, between FY19 and FY23, the number of admissions for American Indian individuals decreased 18% (from 76 to 62). The proportion of all admissions that were for this population remain very low and have decreased slightly since FY19.

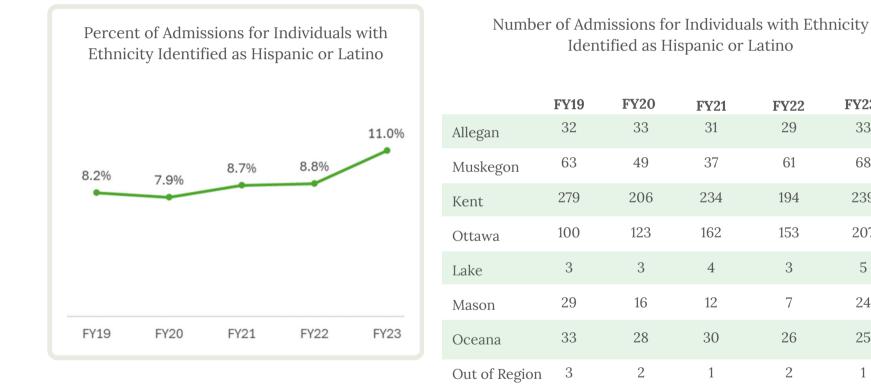


Number of Admissions for Individuals with Race
Identified as American Indian

	FY19	FY20	FY21	FY22	FY23
Allegan	6	7	4	0	6
Muskegon	18	13	11	20	15
Kent	36	22	18	23	28
Ottawa	7	6	9	4	6
Lake	3	2	0	1	0
Mason	5	2	6	2	4
Oceana	1	1	2	0	2
Out of Region	0	0	0	0	1
REGION	76	53	50	50	62

## **Priority Population: Hispanic or Latino**

Region-wide, between FY19 and FY23, the number of admissions for Hispanic or Latino individuals increased by 11% (from 542 to 602) due to a substantial increase in Ottawa County. The proportion of all admissions that were for this population increased in FY23 to a high of 11.0%.

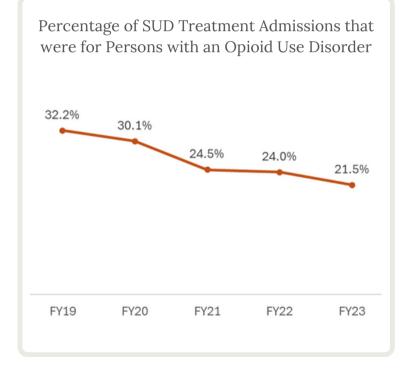


REGION

**FY23** 

## **Priority Population: Persons with Opioid Use Disorder**

Region-wide, between FY19 and FY23, the number of admissions for persons with an opioid use disorder decreased 44% (from 2,115 to 1,181) with substantial reductions in Allegan, Muskegon, and Kent counties. The percentage of total admissions that were for persons with an opioid use disorder also decreased between FY19 and FY23 (from 32.2% to 21.5%).



Number of SUD Treatment Admissions for Persons with an Opioid Use Disorder

	FY19	FY20	FY21	FY22	FY23
Allegan	79	66	50	37	29
Muskegon	744	533	466	493	447
Kent	810	716	543	406	338
Ottawa	237	238	200	142	225
Lake	17	25	19	28	13
Mason	148	103	108	108	67
Oceana	70	50	53	63	57
Out of Region	10	16	5	14	5
REGION	2,115	1,747	1,444	1,291	1,181

# **Summary of Trends**



The following pages provide a snapshot of trend data for all metrics targeted in the LRE SUD Strategic Plan for each CMHSP.

## **OnPoint - Allegan County, Summary of Trends**

	Treatment Access Measures	FY19	FY20	FY21	FY22	FY23	Region FY23
	↑ admissions with legal status as on probation (% of all admissions) - T1	34.8%	41.5%	39.7%	34.6%	35.9%	23.6%
Criminal Justice Involved	↑ admissions with legal status as diversion pre or post booking (% of all admissions)	0.3%	n/a	0.7%	2.6%	0.3%	0.2%
	↑ admissions with legal status as 'in jail' (% of all admissions)	12.5%	5.9%	1.4%	3.2%	0.8%	5.6%
Persons with Opioid Use	↓ average days between request for service and first service for persons w/an OUD	5.15	3.26	8.84	15.46	16.10	7.3
Disorder (OUD)	↓ average days between request for service for Medication Assisted Treatment (MAT)	3.1	3.4	6.6	9.8	0.3% 0   0.3% 0   0.8% 5   16.10 7   14.8 7   21.54 1	7.4
Rural Communities	↓ average days' time to service for Outpatient* services	5.72	5.37	17.6	27.55	21.54	11.4
Older Adults	↑ <i>#</i> of admissions for age 55-69	6.3%	7.6%	5.7%	7.1%	12.1%	11.8%

Сог	nnection to Community Supports	FY19	FY20	FY21	FY22	FY23	Region FY23
Support Groups	↑ % of discharges with clients reporting attending support group in past 30 days	20.3%	24.7%	18.2%	26.1%	30.7%	28.8%
Women's Specialty	↑ <i>#</i> of pregnant women served	6	4	6	4	4	64

## **OnPoint - Allegan County, continued**

	Engagement and Retention	FY19	FY20	FY21	FY22	FY23	Region FY23
Integrated treatment	↑ in % of clients w/ co-occurring diagnosis that received integrated services	7.1%	5.2%	5.6%	20.0%	20.9%	19.9%
	$\uparrow$ % of clients discharged from ST residential that transitioned to the next LOC w/in 7 days	40.0%	33.3%	8.6%	18.2%	22.2%	36.5%
Continuity of	↓ average # days between discharge and admission to next LOC following ST residential	6.2	7.6	13.4	13.5	12.8	7.1
Care	↓ % of discharges from ST Res with reason as 'completed treatment'	54.3%	57.5%	54.2%	68.2%	58.7%	71.0%
	↑ % discharges from residential LOC with the reason as 'transfer/ completed level of care'	2.2%	5.0%	0.0%	9.1%	0.0%	4.7%
	$\downarrow$ % of Outpatient* treatment episodes with no 2nd visit	5.3%	0.0%	12.0%	10.0%	0.0%	10.0%
	↑ % of clients seen for 2nd appt w/in 14 days of initial Outpatient* service (of those w/ a 2nd encounter)	77.9%	73.8%	73.6%	61.5%	69.4%	84.2%
Engagement	↑ average # of treatment encounters per treatment episode	25.1	37.3	15.5	17.0	13.0	24.5
	↓ % of discharges with reason as 'dropped out' for all levels of care (% of all admissions)	37.5%	47.9%	40.7%	60.4%	46.5%	38.2%
	↑ % of discharges from Outpatient* services w/ discharge reason as 'completed treatment'	25.0%	23.9%	22.0%	22.9%	25.2%	26.4%

## HealthWest - Muskegon County, Summary of Trends

	Treatment Access Measures	FY19	FY20	FY21	FY22	FY23	Region FY23
	↑ admissions with legal status as on probation (% of all admissions)	20.1%	16.0%	18.1%	20.2%	21.8%	23.6%
Criminal Justice Involved	↑ admissions with legal status as diversion pre or post booking (% of all admissions)	0.4%	0.6%	0.4%	0.3%	0.2%	0.2%
	↑ admissions with legal status as 'in jail' (% of all admissions)	16.5%	17.4%	15.6%	17.0%	14.3%	5.6%
Persons with Opioid Use Disorder (OUD)	↓ average days between request for service and first service for persons w/an OUD	16.6	7.37	15.98	3.9	7.0	7.3
	↓ average days between request for service for Medication Assisted Treatment (MAT)	27.1	9.5	28.5	4.7	7.0	7.4
Rural Communities	↓ average days' time to service for Outpatient* services	6.64	7.02	7.11	5.92	9.59	11.4
Older Adults	↑ <i>#</i> of admissions for individuals aged 55- 69	9.4%	6.8%	7.5%	7.0%	10.5%	11.8%
Сог	nnection to Community Supports	FY19	FY20	FY21	FY22	FY23	Region FY23
Support Groups	↑ % of discharges with clients reporting attendance at a support group in past 30 days	7.1%	10.1%	9.1%	15.3%	26.5%	28.8%
Women's Specialty	↑ <i>#</i> of pregnant women served	34	23	15	26	19	64

## HealthWest - Muskegon County, continued

	Engagement and Retention	FY19	FY20	FY21	FY22	FY23	Region FY23
Integrated treatment	↑ in % of clients w/ co-occurring diagnosis that received integrated services	8.1%	10.8%	9.4%	13.2%	20.2%	19.9%
	$\uparrow$ % of clients discharged from ST residential that transitioned to the next LOC w/in 7 days	12.2%	20.7%	25.0%	34.0%	25.9%	36.5%
Continuity of	↓ average # days between discharge and admission to next LOC following ST residential	11.7	7.3	8.6	8.3	10.9	7.1
Care	$\downarrow \%$ of discharges from detox and ST Res with reason as 'completed treatment'	73.2%	72.5%	73.0%	56.9%	74.0%	71.0%
	↑ % discharges from residential LOC with the reason as 'transfer/ completed level of care'	0.0%	0.7%	1.5%	18.2%	2.7%	4.7%
	↓ % of Outpatient* treatment episodes with no 2nd visit	19.3%	13.4%	13.8%	15.3%	8.0%	10.0%
	↑ % of clients seen for 2nd appt w/in 14 days of initial Outpatient* service (of those w/ a 2nd encounter)	73.7%	73.2%	81.9%	85.5%	87.3%	84.2%
Engagement	↑ average # of treatment encounters per treatment episode	14.6	23.3	24.4	43.0	29.2	24.5
	↓ % of discharges with reason as 'dropped out' for all levels of care (% of all admissions)	31.3%	22.4%	21.6%	29.4%	30.6%	38.2%
	↑ % of discharges from Outpatient* services w/ discharge reason as 'completed treatment'	18.0%	15.5%	11.8%	10.6%	13.2%	26.4%

## Network 180 - Kent County, Summary of Trends

	Treatment Access Measures	FY19	FY20	FY21	FY22	FY23	Region FY23
	↑ admissions with legal status as on probation (% of all admissions)	15.9%	16.3%	14.4%	18.8%	18.8%	23.6%
Criminal Justice Involved	↑ admissions with legal status as diversion pre or post booking (% of all admissions)	0.3%	0.3%	0.2%	0.4%	0.3%	0.2%
	↑ admissions with legal status as 'in jail' (% of all admissions)	4.5%	3.1%	1.8%	2.9%	3.4%	5.6%
Persons with Opioid Use	↓ average days between request for service and first service for persons w/an OUD	4.11	6.49	6.66	5.56	5.84	7.3
Disorder (OUD)	↓ average days between request for service for Medication Assisted Treatment (MAT)	4.0	7.1	6.6	6.1	7.2	7.4
Rural Communities	↓ average days' time to service for Outpatient* services	5.08	5.83	11.2	7.59	7.40	11.4
Older Adults	↑ <i>#</i> of admissions for individuals aged 55- 69	9.5%	9.0%	12.2%	13.6%	12.8%	11.8%
Сот	nnection to Community Supports	FY19	FY20	FY21	FY22	FY23	Region FY23
Support Groups	↑ % of discharges with clients reporting attendance at a support group in past 30 days	15.5%	20.4%	16.4%	20.2%	30.9%	28.8%
Women's Specialty	↑ # of pregnant women served	40	43	26	18	28	64

## Network 180 - Kent County, continued

	Engagement and Retention	FY19	FY20	FY21	FY22	FY23	Region FY23
Integrated treatment	↑ in % of clients w/ co-occurring diagnosis that received integrated services	6.5%	8.0%	11.6%	11.8%	18.3%	19.9%
	$\uparrow$ % of clients discharged from ST residential that transitioned to the next LOC w/in 7 days	27.3%	23.1%	25.2%	27.6%	36.2%	36.5%
Continuity of	↓ average # days between discharge and admission to next LOC following ST residential	7.8	8.9	9.6	8.5	6.7	7.1
Care	$\downarrow \%$ of discharges from detox and ST Res with reason as 'completed treatment'	63.3%	75.9%	74.1%	55.8%	78.4%	71.0%
	↑ % discharges from residential LOC with the reason as 'transfer/ completed level of care'	2.1%	0.5%	1.0%	16.1%	1.8%	4.7%
	↓ % of Outpatient* treatment episodes with no 2nd visit	8.0%	9.2%	11.6%	11.3%	10.4%	10.0%
	↑ % of clients seen for 2nd appt w/in 14 days of initial Outpatient* service (of those w/ a 2nd encounter)	78.8%	76.5%	78.6%	75.4%	83.9%	84.2%
Engagement	↑ average # of treatment encounters per treatment episode	24.8	25.2	21.5	16.6	20.3	24.5
	↓ % of discharges with reason as 'dropped out' for all levels of care (% of all admissions)	39.1%	36.8%	26.8%	43.9%	40.2%	38.2%
	↑ % of discharges from Outpatient* services w/ discharge reason as 'completed treatment'	30.6%	34.5%	54.5%	34.3%	31.0%	26.4%

## **OCCMHS - Ottawa County, Summary of Trends**

	Treatment Access Measures	FY19	FY20	FY21	FY22	FY23	Region FY23
	↑ admissions with legal status as on probation (% of all admissions)	28.4%	26.1%	28.5%	28.2%	27.1%	23.6%
Criminal Justice Involved	↑ admissions with legal status as diversion pre or post booking (% of all admissions)	0.7%	0.1%	0.5%	0.5%	0.2%	0.2%
	↑ admissions with legal status as 'in jail' (% of all admissions)	0.3%	2.6%	2.6%	0.5%	0.2%	5.6%
Persons with Opioid Use	↓ average days between request for service and first service for persons w/an OUD	9.59	5.99	6.15	6.42	7.99	7.3
Disorder (OUD)	↓ average days between request for service for Medication Assisted Treatment (MAT)	13.4	4.5	5.2	6.5	8.4	7.4
Rural Communities	↓ average days' time to service for Outpatient* services	5.84	8.44	10.26	13.44	11.22	11.4
Older Adults	↑ <i>#</i> of admissions for individuals aged 55- 69	9.3%	7.9%	10.3%	11.2%	12.1%	11.8%
Connection to Community Supports		FY19	FY20	FY21	FY22	FY23	Region FY23
Support Groups	↑ % of discharges with clients reporting attendance at a support group in past 30 days	34.5%	37.6%	26.4%	26.0%	25.1%	28.8%
Women's Specialty	↑ <i>#</i> of pregnant women served	16	8	6	5	8	64

## **OCCMHS - Ottawa County, continued**

	Engagement and Retention	FY19	FY20	FY21	FY22	FY23	Region FY23
Integrated treatment	$\uparrow$ in % of clients w/ co-occurring diagnosis that received integrated services	1.2%	1.6%	11.1%	16.1%	26.5%	19.9%
	$\uparrow$ % of clients discharged from ST residential that transitioned to the next LOC w/in 7 days	41.4%	24.3%	46.4%	34.5%	40.4%	36.5%
Continuity of	↓ average # days between discharge and admission to next LOC following ST residential	6.0	11.7	3.8	6.8	6.7	7.1
Care	$\downarrow$ % of discharges from detox and ST Res with reason as 'completed treatment'	70.9%	69.7%	62.2%	47.9%	67.2%	71.0%
	↑ % discharges from residential LOC with the reason as 'transfer/ completed level of care'	0.0%	2.0%	2.0%	22.3%	7.2%	4.7%
	↓ % of Outpatient* treatment episodes with no 2nd visit	14.0%	16.7%	15.1%	8.8%	12.2%	10.0%
	↑ % of clients seen for 2nd appt w/in 14 days of initial Outpatient* service (of those w/ a 2nd encounter)	85.4%	73.7%	69.5%	72.9%	72.0%	84.2%
Engagement	↑ average # of treatment encounters per treatment episode	25.5	21.2	31.7	24.2	23.7	24.5
	↓ % of discharges with reason as 'dropped out' for all levels of care (% of all admissions)	40.8%	44.1%	34.8%	36.1%	32.8%	38.2%
	↑ % of discharges from Outpatient* services w/ discharge reason as 'completed treatment'	27.3%	27.5%	26.4%	37.0%	37.4%	26.4%

## WMCMHS - Lake, Mason and Oceana Counties, Summary of Trends

<u></u>	Freatment Access Measures	Counties	FY19	FY20	FY21	FY22	FY23	Region FY23
		Lake	17.7%	10.6%	22.2%	19.7%	15.8%	
	↑ admissions with legal status as on probation (% of all admissions)	Mason	26.1%	26.2%	26.1%	21.0%	39.9%	23.6%
		Oceana	19.0%	20.0%	18.0%	17.3%	28.0%	
Criminal	↑ admissions with legal status as	Lake	n/a	n/a	n/a	n/a	n/a	
Justice	diversion pre or post booking (% of all admissions)	Mason	0.3%	n/a	0.7%	0.4%	0.4%	0.2%
Involved		Oceana	n/a	n/a	n/a	0.6%	n/a	
	↑ admissions with legal status as 'in jail' (% of all admissions)	Lake	9.7%	10.6%	17.3%	26.3%	19.7%	5.6%
		Mason	16.3%	10.0%	11.3%	12.1%	8.7%	
		Oceana	10.6%	9.4%	13.0%	19.1%	14.5%	
	↓ average days between request for service and first service for persons w/an OUD	Lake	5.12	3.24	3.05	5.54	6.92	
		Mason	4.70	5.01	5.39	6.77	8.57	7.3
Persons with Opioid Use		Oceana	13.00	4.26	4.26	6.6	10.30	
Disorder (OUD)	↓ average days between request for service for Medication Assisted Treatment (MAT)	Lake	7.0	2.3	1.4	6.2	9.8	
		Mason	3.8	2.0	3.5	4.9	7.2	7.4
		Oceana	22.4	1.3	1.3	6.0	4.5	

## WMCMHS - Lake, Mason and Oceana Counties, cont.

ſ	Freatment Access Measures	Counties	FY19	FY20	FY21	FY22	FY23	Region FY23
	↓ average days' time to service for Outpatient* services	Lake	5.97	6.28	6.97	9.94	16.26	11.4
Rural Communities		Mason	5.48	6.30	8.64	10.19	16.50	
		Oceana	5.31	6.75	7.4	9.6	15.75	
Older Adults	↑ <i>#</i> of admissions for individuals aged 55-69	All	8.1%	8.0%	4.9%	9.1%	8.9%	11.8%

Conr	nection to Community Supports	Counties	FY19	FY20	FY21	FY22	FY23	Region FY23
	↑ % of discharges with clients reporting attendance at a support group in past 30 days	Lake	40.0%	43.1%	52.8%	20.5%	25.0%	28.8%
Support Groups			42.1%	40.3%	38.8%	29.3%	37.4%	
		Oceana	33.5%	24.4%	28.5%	21.2%	29.3%	
Women's Specialty	↑ <i>#</i> of pregnant women served	All	6	2	7	2	5	64

## WMCMHS - Lake, Mason and Oceana Counties, cont.

	Engagement and Retention	FY19	FY20	FY21	FY22	FY23	Region FY23
Integrated treatment	↑ in % of clients w/ co-occurring diagnosis that received integrated services	4.2%	7.3%	13.9%	14.9%	13.7%	19.9%
	$\uparrow$ % of clients discharged from ST residential that transitioned to the next LOC w/in 7 days	32.7%	30.2%	25.9%	30.8%	42.2%	36.5%
Continuity of	↓ average # days between discharge and admission to next LOC following ST residential	7.6	9.7	7.9	7.5	5.7	7.1
Care	↓ % of discharges from detox and ST Res with reason as 'completed treatment'	78.0%	74.4%	70.2%	52.0%	59.3%	71.0%
	↑ % discharges from residential LOC with the reason as 'transfer/ completed level of care'	6.1%	6.1%	7.4%	22.5%	15.1%	4.7%
	↓ % of Outpatient* treatment episodes with no 2nd visit	n/a	0.0%	0.0%	n/a	n/a	10.0%
	↑ % of clients seen for 2nd appt w/in 14 days of initial Outpatient* service (of those w/ a 2nd encounter)	73.1%	79.7%	82.1%	90.3%	89.9%	84.2%
Engagement	↑ average # of treatment encounters per treatment episode	n/a	42.0	15.7	n/a	n/a	24.5
	↓ % of discharges with reason as 'dropped out' for all levels of care (% of all admissions)	61.4%	69.5%	64.1%	64.6%	51.5%	38.2%
	↑ % of discharges from Outpatient* services w/ discharge reason as 'completed treatment'	20.4%	11.5%	18.0%	10.4%	27.3%	26.4%